

Alcohol and Flying: A Deadly Combination

Alcohol and flying do not mix. Even small amounts of alcohol can impair your judgment, coordination, and reaction time, making you a danger to yourself and others. The Federal Aviation Administration (FAA) has strict rules against flying under the influence of alcohol, and violators can face serious consequences.

How Alcohol Affects Your Body

Alcohol is a depressant, which means that it slows down your body's functions. This can affect your:



ALCOHOL AND FLYING A DEADLY COMBINATION ON KINDLE Federal Aviation Administration (FAA)

by E. E. Cummings

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- Judgment
- Coordination
- Reaction time

- Vision
- Balance

Even small amounts of alcohol can have a significant impact on your ability to fly safely. For example, a single beer can impair your judgment and coordination for up to two hours.

The FAA's Rules on Alcohol

The FAA has strict rules against flying under the influence of alcohol. These rules apply to all pilots, regardless of whether they are flying for business or pleasure.

The FAA's alcohol limit for pilots is 0.04%. This means that if your blood alcohol concentration (BAC) is 0.04% or higher, you are considered to be under the influence of alcohol and cannot fly.

The FAA also has a "look-back" period of 24 hours. This means that if you have consumed any alcohol within the past 24 hours, you cannot fly, even if your BAC is below 0.04%.

Consequences of Violating the FAA's Alcohol Rules

Violating the FAA's alcohol rules can have serious consequences. These consequences can include:

- Suspension of your pilot's license
- Revocation of your pilot's license
- Fines

- Jail time

In addition to the FAA's penalties, you may also be held liable for any accidents or injuries that occur while you are flying under the influence of alcohol.

How to Avoid Alcohol-Related Accidents

The best way to avoid alcohol-related accidents is to simply not drink and fly. If you are planning on flying, make sure to abstain from alcohol for at least 24 hours before your flight.

If you are unsure whether or not you are fit to fly, err on the side of caution and do not fly. It is always better to be safe than sorry.

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