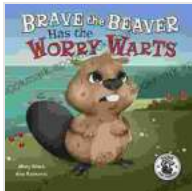


# Brave the Beaver Has the Worry Warts: A Children's Book About Overcoming Anxiety



**Brave the Beaver Has the Worry Warts: Anxiety tool for kids aged 3-8 (Punk and Friends Learn Social Skills)**

by Misty Black

★★★★☆ 4.7 out of 5

Language : English

File size : 5182 KB

Screen Reader : Supported

Print length : 51 pages

Lending : Enabled

X-Ray for textbooks : Enabled



Brave the Beaver is a children's book about overcoming anxiety. It teaches children how to identify and manage their worries, and to develop coping mechanisms for dealing with them. The book is written in a fun and engaging way, and it includes helpful tips and activities for parents and educators.

**Anxiety is a common problem for children.** It can be caused by a variety of factors, such as school, social situations, or family problems. Anxiety can make it difficult for children to concentrate, sleep, and enjoy activities. It can also lead to physical symptoms, such as headaches, stomachaches, and fatigue.

**Brave the Beaver is a great resource for parents and educators who want to help children overcome anxiety.** The book provides practical tips

and strategies for managing worries, and it can help children to understand that they are not alone in their struggles.

**The book is written in a fun and engaging way, and it includes colorful illustrations that will appeal to children.** The characters are relatable and lovable, and the story is sure to keep children entertained. Brave the Beaver is a valuable resource for any parent or educator who wants to help children overcome anxiety.

### **What Parents and Educators Are Saying About Brave the Beaver**

"Brave the Beaver is a wonderful book for children who are struggling with anxiety. It provides practical tips and strategies for managing worries, and it can help children to understand that they are not alone in their struggles." -

**Parent**

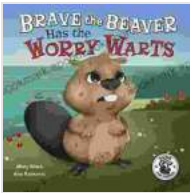
"Brave the Beaver is a great resource for parents and educators who want to help children overcome anxiety. The book is well-written and engaging, and it provides helpful tips and activities for dealing with worries." -

**Educator**

### **Free Download Your Copy of Brave the Beaver Today**

Brave the Beaver is available for Free Download on Our Book Library, Barnes & Noble, and other online retailers. You can also Free Download a copy directly from the author's website.

**Free Download your copy of Brave the Beaver today and help your child overcome anxiety.**



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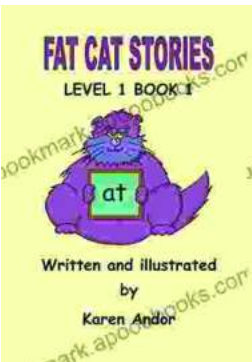
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