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Are you tired of feeling needy and insecure in relationships? Do you find yourself constantly seeking validation and approval from others? If so, this book is for you.

Overcome Neediness And Get The Love You Want is a revolutionary guide that will help you understand the root causes of neediness, and provide you with practical tools and strategies to overcome it. You'll learn how to develop a healthy sense of self-worth, set boundaries, and communicate your needs effectively. With this book, you'll be on your way to building thriving, fulfilling relationships.

In this book, you'll learn:

- The root causes of neediness
- How to develop a healthy sense of self-worth
- How to set boundaries.
- How to communicate your needs effectively
- How to build thriving, fulfilling relationships

If you're ready to overcome neediness and get the love you want, this book is for you.

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Overcome Neediness and Get the Love You Want

by Edward M. Hallowell

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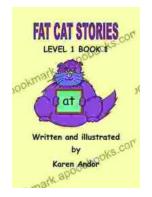


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