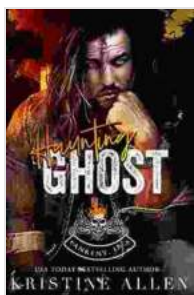
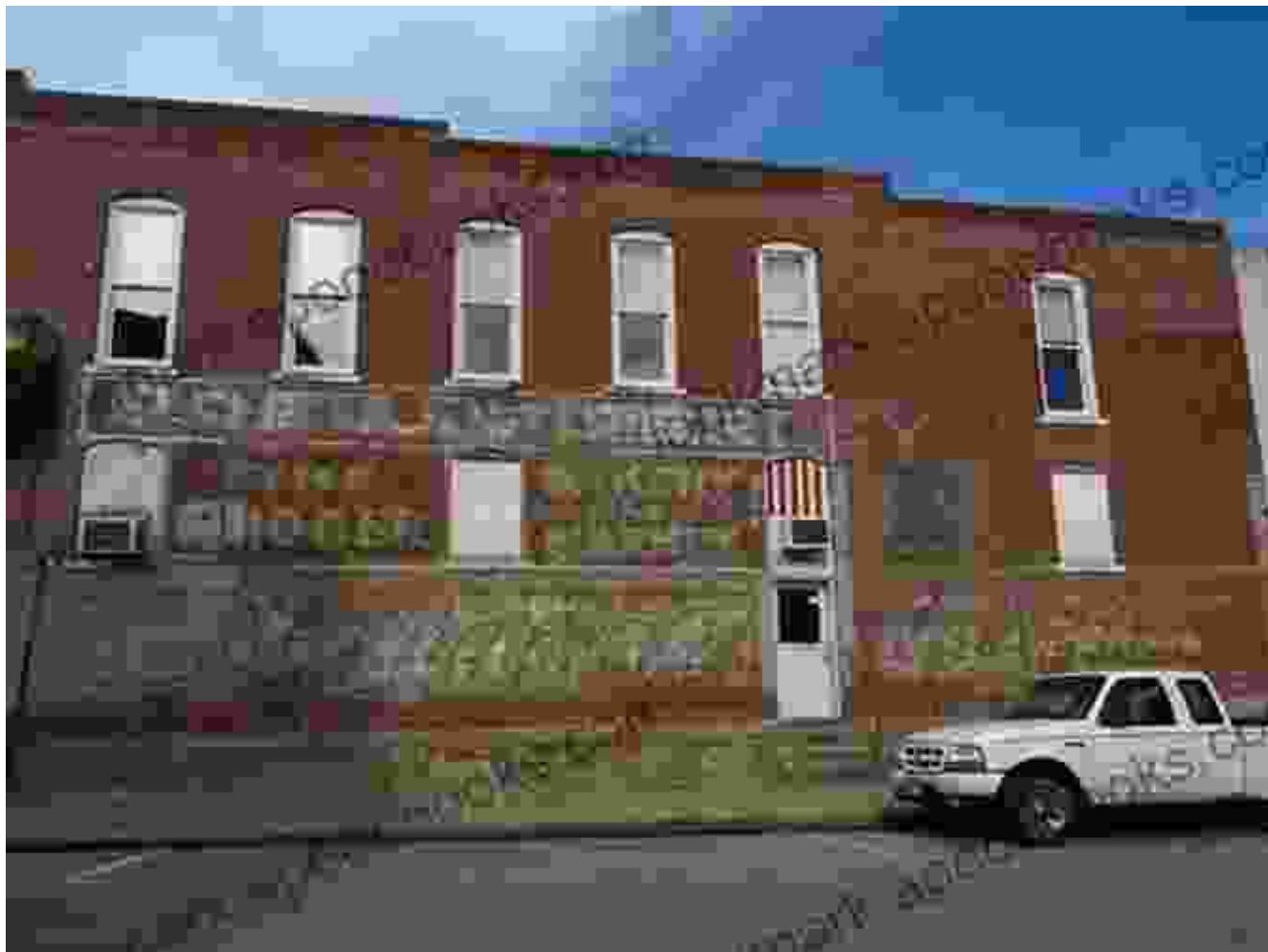


Unveiling the Haunting Ghost RBMC in Ankeny, IA: A Spine-Tingling Tale



Haunting Ghost: RBMC: Ankeny IA by Kristine Allen

★★★★☆ 4.8 out of 5

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Nestled in the heart of Ankeny, Iowa, lies a chilling tale that has haunted the community for decades. The former Regional Behavioral Mental Health Center (RBMC), once a sanctuary for those battling mental health challenges, is now shrouded in an unsettling mystery. Locals whisper of an enigmatic ghost that roams the abandoned halls, leaving behind a trail of unexplained phenomena and bone-chilling encounters.

The History of RBMC

RBMC opened its doors in 1973, initially known as the Polk County Mental Health Center. It served as a haven for individuals struggling with mental health issues, providing them with compassionate care and support. However, as the facility's population grew, the need for a larger and more modern space became apparent. In 2002, the center moved to a new location, leaving behind the original building that would become the haunting ground of a ghostly presence.

The Ghost of RBMC

As the old RBMC building sat empty, strange occurrences began to unfold. Security guards patrolling the premises reported eerie noises, unexplained lights flickering on and off, and doors opening and closing on their own. Visitors to the site claimed to witness shadowy figures moving through the halls and felt an overwhelming sense of unease as if they were being watched.

One chilling account involves a former employee who returned to the building after hours to retrieve personal belongings. As they walked through

the darkened hallways, they felt a sudden cold spot and heard faint whispers coming from nowhere. Panic-stricken, they fled the premises and never returned.

Paranormal Investigations

The rumors of supernatural activity at RBMC caught the attention of paranormal investigators, eager to uncover the truth behind the haunting. Numerous investigations were conducted, utilizing specialized equipment and sensitive psychics. The results were both fascinating and unsettling.

One investigation revealed a cluster of electromagnetic field (EMF) spikes in the area where the most frequent paranormal encounters occurred. Psychics claimed to sense the presence of a female spirit, a former patient of the hospital, who had unfinished business and sought solace in the place where she had once resided.

The Demise of RBMC

In 2012, the abandoned RBMC building was Free Downloaded by a private developer with plans to redevelop the site. However, the ghostly reputation of the property proved to be a major obstacle. Construction workers reported encountering strange noises, mysterious shadows, and inexplicable equipment malfunctions.

Despite the paranormal challenges, the redevelopment project eventually went ahead. The interior of the building was extensively renovated, and the exterior was given a modern facelift. The ghostly presence, however, seemed to persist, with reports of unexplained phenomena continuing to surface.

Today, the former RBMC building stands as a haunting reminder of the chilling tale that unfolded within its walls. While the ghost of RBMC may never fully reveal its secrets, the legacy of this eerie encounter continues to captivate and fascinate those who dare to venture into its haunted halls.

Whether you believe in the paranormal or not, the story of the Haunting Ghost RBMC in Ankeny, Iowa, is a gripping tale of mystery, intrigue, and the enduring power of the unknown.

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